







CLEARWATER FREE CLINIC

Health care for uninsured families



















ANNUAL REPORT 2017 - 2018

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Our mission is to deliver comprehensive medical care to uninsured families through volunteerism and community partnerships...

Building healthy communities.

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"It feels like family here. I feel so cared for and safe."







BOARD OF DIRECTORS

LETTER FROM OUR CHAIRMAN

What a difference a year makes! 2018 was truly a transformational year for the Clearwater Free Clinic. Through the generosity of our wonderfully philanthropic community of donors, staff and volunteers, the ambitious dream of a new facility became a reality. THANK YOU hardly seems adequate to express our gratitude for giving us the ability to significantly enhance the healthcare needs of lower income families and individuals living in our communities.

In an effort to increase our mission's scope of services and efficiency, several enhancements to our programs and infrastructure were achieved with the move into our new facility, including the long term goal of implementing Electronic Medical Records (EMR) into our organization. In addition, we have doubled our clinical area and created a Community Room that provides the space to offer a wide range of patient education classes geared towards encouraging lifestyle changes to improve health.

Thanks to you - our volunteers, community partners and donors - the future is bright for the Clearwater Free Clinic and the people we serve. Most recently, an endowment fund was created to ensure the sustainability of our organization. To cap off the successful inaugural year of the Building a Healthy Community Campaign, this prudent decision offers a solid financial foundation no matter what the future may hold.

On behalf of our professional staff and our forward thinking board of trustees, we thank you for helping us achieve our mission that remains steadfast - to provide the very best healthcare to the underserved, hardworking people in our community. During this period of change, your continued support remains vitally important to us.

Warmest regards,

Bruce V. Livingston

P.S. We encourage you to visit our new home, located at 1218 Court Street in Clearwater. Please stop by or call for a private tour!



Bruce Livingston. **Board Chair**



David Phillips, **Board Vice Chair**



Melvin Sams. **Board Treasurer**



Kiersten Finchum. **Board Secretary**



Stephen Bouton









Trace Meek









Joseph Perno, MD







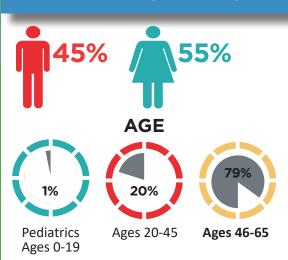


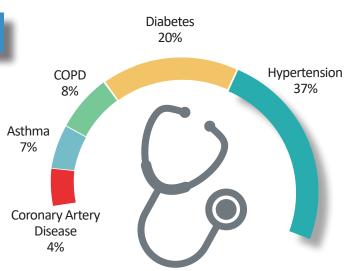


WHO WE HELP

The Clearwater Free Clinic serves low-income, uninsured families with access to the quality medical and mental health care that they need to live productive, healthy lives. Our patients are self-employed, currently unable to work, or their employers do not offer benefits that include health insurance coverage. These are our neighbors that cannot afford private health insurance or the copays and premiums that come along with coverage. All CFC patients live in Pinellas County and earn incomes at or below 200% of the Federal Poverty Level.

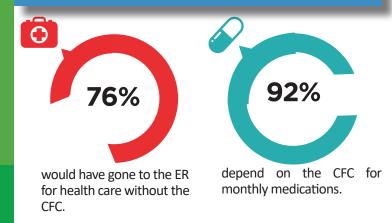
PATIENT INFORMATION:

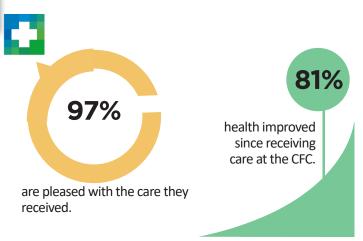




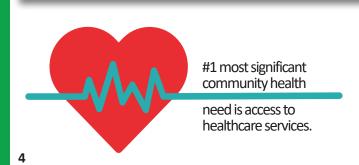
Clinic patients diagnosed with one or more of the five major chronic diseases.

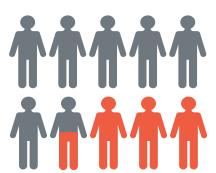
PATIENT SURVEY RESULTS:





COMMUNITY NEED:





of Pinellas County residents at or below 200% of the Federal Poverty Level are uninsured.



OUR PATIENTS

"This is such a wonderful place.
The staff and doctors are so kind and really helpful. I don't know what I would do without this clinic."

"The services provided have been a life saver for me and the people are wonderful."





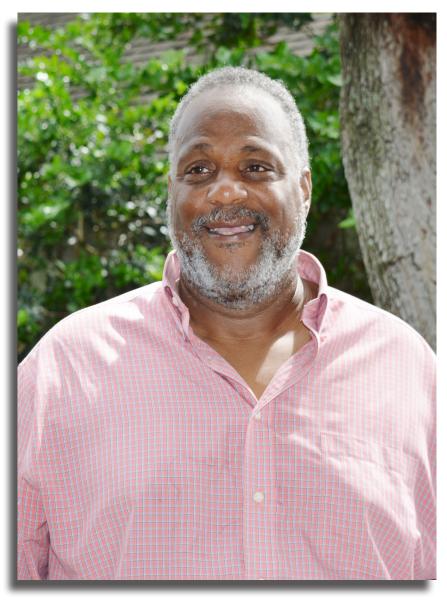
"You saved my life at least twice and I will be eternally grateful for all of your help, time and effort."

CHARLES' STORY

Compassionate Care Makes a Difference

Charles Green has been a hardworking entrepreneur all his life. His thriving business as a painting contractor took him from one big job to another, in cities stretching from Boca Raton, Florida to Richmond, Virginia. Working 70 hours per week made spending time with family and addressing his health care needs difficult. After receiving a call from his young daughter who sang "Daddy come home," he did just that, only to see his North Carolina home and business destroyed by Hurricane Floyd. As a result, he packed his family into his Ford Ranger and drove south for a fresh start.

While working at a telemarketing position, life in Florida did not go as planned. He was driving and nearly passed out due to undiagnosed diabetes. A friend told him



"I'd probably be dead without the CFC, especially after my lower leg amputation...They not only helped me physically, but also mentally."

about the Clearwater Free Clinic. "I'd probably be dead without the CFC, especially after my lower leg amputation", says Charles. "They not only helped me physically, but also mentally." Always independent, Charles did not like to ask for help. "The kindness from the staff helped me to accept and understand my condition. Nurse Darlene is absolutely wonderful. Compassionate and patient, she is the one who really helped me get the diabetes under control. I get my medication here, my education here, and my motivation to keep on going here." Soon to turn 65 and Medicare eligible, he is not happy that he will have to leave the Clinic. "I can't rave enough about the Clearwater Free Clinic. Those folks understand me and take care of me. It's like a family here!"



WILLIAM'S STORY

Your Neighbors are our Patients

Even successful psychiatric nurses can fall on hard times. William, an American Nursing Credentials Certified Family Nurse Practitioner, would often have to physically wrestle with patients to subdue them to administer needed medication. Over the years, these physically challenging encounters led to neck and back issues that effectively forced him out of the nursing profession and onto disability. Adverse effects of weight-loss surgery also contributed to William's health issues.

Unable to afford private insurance and being ineligible for Medicaid, William began searching the internet for affordable care options. "I thought I was out of luck, but then I found the Clearwater Free Clinic. The CFC is truly a miracle," states William. "To be honest, I was a bit hesitant to go sign

"The care I have received is top notch for anywhere! (Nurse Practitioner)
Corey truly goes above and beyond to make sure I get what I need."

up. I have worked my entire life, and to find myself without access to healthcare, the field I worked in, made me angry and embarrassed."

Fortunately, the CFC staff and volunteers made William feel like the worthwhile person he is. "The care I have received is top notch for anywhere! (Nurse Practitioner) Corey truly goes above and beyond to make sure I get what I need." William dreams of being able to return to his psychiatric nursing career but until he can, he knows that the dream of having affordable care options has been fulfilled by the Clearwater Free Clinic.

OUR PROGRAMS

GENERAL MEDICAL PROGRAM

Primary Care

- Family Practice
- Internal Medicine

Specialty Medical Care

- Mental Health
- Cardiology
- Dermatology
- Endocrinology
- ENT
- Gastroenterology
- General Surgery Limited
- Gynecology
- Hematology
- Nephrology Limited
- Neurology
- Oncology Limited
- Orthopedics Limited
- Pediatrics
- Podiatry
- Pulmonology
- Rheumatology
- Urology

Hospital-Based Testing & Procedures

- Lab Work
- Nuclear Medicine Studies
- Sleep Studies
- Endoscopy/Colonoscopy
- Radiology Studies
 - o X-Rays
 - o Ultrasounds
 - o CT Scans
 - o MRIs
 - o Small Bowel Series
 - o Upper Gl

MEDICATION SERVICES

- Prescriptions filled on-site
- Review medications
- Enroll patients in PAPs

WOMEN'S CARE PROGRAM

- Preventative Care
- Pap Smears
- Mammograms

WOUND CARE PROGRAM

EYE PROGRAM

Ophthalmology & Optometry

- Diagnostic Exams Limited
- Diabetic Eye Exams

DIABETIC PROGRAM

- One-on-One Counseling
- Education: Care & Nutritional
- Supplies
- Pre-Diabetes Healthy Living Coach

PHYSICAL THERAPY PROGRAM

- On-Site Specialist
- Personalized Programs

NUTRITIONAL COUNSELING PROGRAM

- One-on-One Counseling
- Personalized Plans & Tools
- Education Materials

CHIROPRACTIC CARE PROGRAM

PATIENT EDUCATION PROGRAMS

- "Go Healthy" Chronic Disease Mgmt
- Chronic Pain Management
- Tobacco Free Florida Smoking Cessation
- Diabetic & Pre-Diabetic Education

COUMADIN CLINIC

- INR Testing

CLINIC MEDICAL EQUIPMENT

- Holter Monitors
- EKG
- Echocardiogram
- ENT Surgical Microscope
- Pulse Oximeter
- Portable Rhino-Laryngofiberscope
- Pulmonary Function Machine
- Bladder Scanner
- INR Machine
- Coumadin Testing & HCT Screening



MEDICATION PROGRAM:

Our patients may have as many as 5 diagnosed conditions that are often chronic and must be managed with a variety of medications. Through the patient assistance program (PAP), our patients are able to get the medications that they need for little or no cost to them.



SPECIALTY MEDICAL CARE:

The CFC is proud to offer a variety of specialty services to our patients, from urology to vision care. Referrals are also given for services that are unavailable in-house. Our dedicated and talented team of volunteer doctors are at the heart of these necessary programs.

SERVICES PROVIDED

HOSPITAL REFERRAL PROGRAM:

After a pilot program with Morton Plant Hospital demonstrated the tremendous savings realized by coordinating services with the CFC, the hospital created a staff position to meet with patients to determine it eligibility. The program exemplifies the

their eligibility. The program exemplifies the value of mutually beneficial partnerships. Countless dollars and lives are saved by ensuring uninterrupted medical care. Of 111 hospital referrals last year, 56 transitioned and were enrolled as patients at the CFC.

MENTAL HEALTH SERVICES:

Behavioral health issues are often associated with chronic health problems. Typically, these behavioral health visits are supplemental to acute and chronic medical care provided by the Clinic and can dramatically improve the health of our uninsured patients.

PATIENT EDUCATION:

Patient education has become an integral piece of the comprehensive care that the Clinic provides the uninsured population. The Go Healthy program gives patients the tools and knowledge necessary to manage their chronic health issues. Our expanded community room provides the opportunity to offer more educational programs.



Volunteer Physicians, Nurses, Pharmacists & Paid Clinical Staff - \$ 1,417,630



Mental Health Practitioners - \$ 94,439



Medical Procedures & Diagnostic Services \$1,001,248



Radiology, MRI & Nuclear Medicine Services \$ 1.010.954 Donated



Lab Services - \$ 904,740 Donated



Medical Facility & Program Administration \$ 268,795 Donated



Medications & Medical Supplies

\$1,368,966 Donated + \$122,360 Purchased = \$1,491,346



WAYS TO GIVE

Make a Donation

Every \$1 donated provides \$6 in medical and mental health care for uninsured families.

Become a Monthly Donor

Joining the monthly giving program is the easiest way to make the most direct impact in helping our uninsured neighbors gain to access comprehensive health care. You can also make donations to the CFC yearly, quarterly or semi-annually.

Planned Giving

Planned giving uses tax, financial and estate planning techniques to benefit the donor and the CFC. Charitable gift annuities and bequests in your will are two of the most popular ways of making a planned gift.

WAYS TO GIVE



Matching Gifts

Many companies encourage charitable giving through matching programs. Check to see if your employer will multiply your donation to the CFC.

Give Securities

A gift of securities can provide significant benefits to you and the CFC.

Sponsor an Event

The CFC's two major fundraisers raise 25% of the Clinic's operating budget. Sponsorships have the greatest impact on the success of these events and help the Clinic better serve our community.

Memorial or Honorary Gifts

Recognize your loved ones by making a donation of any size to the CFC in their honor.

If you have questions regarding ways to support the work of the CFC, please call Stuart Berger, Director of Development and Marketing at (727) 331-8149 or email at sberger@clearwaterfreeclinic.org.



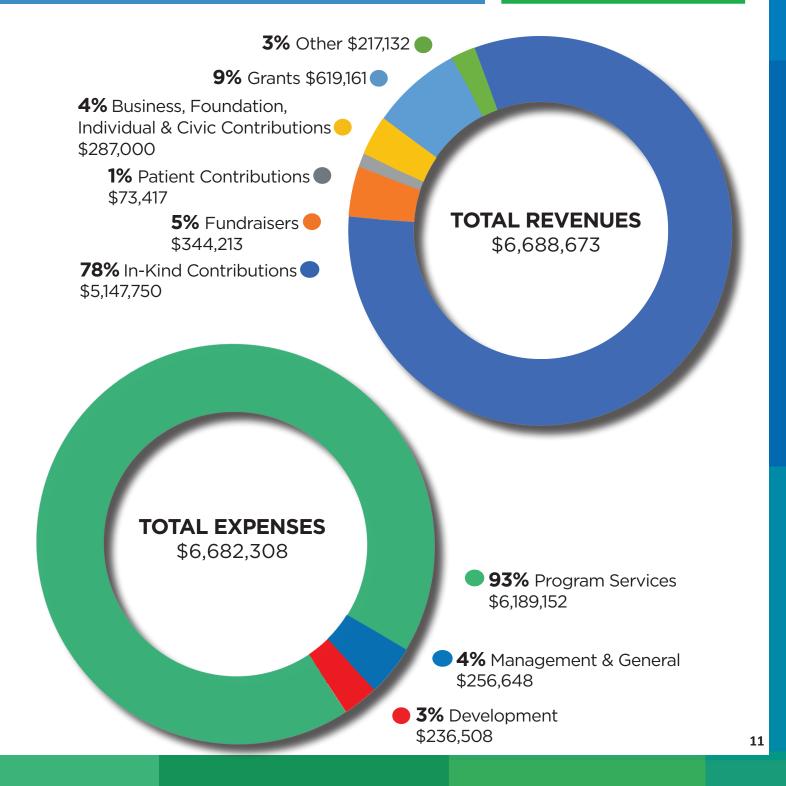


WHERE DOES YOUR DONATION GO?

FINANCIALS

Clearwater Free Clinic
Turns \$1 Donated
into \$6 of Medical Care

93 cents of every \$1 goes directly to program services



OUR VOLUNTEERS



10,000+ volunteer hours provided by CFC volunteers

Valued at \$1,066,576

VOLUNTEERS ARE THE HEARTBEAT OF THE CLINIC

The volunteer team at the CFC is a family. Each volunteer brings something important and worthy to this organization while growing and learning with the ever-changing healthcare environment. We are all working together towards an ultimate goal to help fulfill a vital need in the community, and our volunteers go above and beyond to keep the Clinic's mission alive. We truly rely on the generosity and selflessness of these wonderful people – and they make all the difference in the world!

WHAT OUR VOLUNTEERS LOVE MOST ABOUT THE CLINIC

"I love knowing I'm making a difference."

"Strong gratification from filling a vital need in the community."

"The appreciation of patients and friendliness of staff."

"Helping people with a great team of people."



of volunteers would recommend volunteering at the CFC to a friend.







Physicians

Dr. Zozan Al Saadi

Dr. Greg Arsenis

Dr. Donald Bergner

Dr. Kimberly Brizell

Dr. James Chow

Dr. Samuel Cleveland

Dr. David Dieterich

Dr. Allison Dooley

Dr. Joseph Dyer

Dr. Tony Faris

Dr. James Flanagan

Dr. Greg Garvin

Dr. Gary Goodman

Dr. William Greenberg

Dr. Heather Herrema

Dr. David Hicks

Dr. Jan Hirschfield

Dr. Jessica Kesheshian

Dr. Richard Kidd

Dr. Robb Koch

Dr. Federico Lenz

Dr. Mitchell Lowenstein Dr. Gerard MacDonald

Dr. Megan Mack

Dr. Ed McAloon

Dr. Julian Melamed

Dr. Louis Michaelos

Dr. Scott Miller

Dr. Todd Miller

Dr. Richard Murbach

Dr. Janaki Narayan

Dr. Muni Narayan

Dr. Henry Ohleyer

Dr. Cynthia Paganini

Dr. Joseph Perno

Dr. Mark Pollack

Dr. Haseeb Rahman

Dr. Devon Rayasa

Dr. Stanley Rosenberg

Dr. Jack Rothman

Dr. Allan Rothschild

Dr. Brain Salisbury Dr. David Shapiro

Dr. Alexander Sochet

Dr. Belur Sreenath

Dr. Paul Steele

Dr. Johanna Taldone

Dr. William Taldone

Dr. Jawahar Taunk

Dr. Stephanie Van Zandt

Dr. Douglas Weiland Dr. Amy Zitiello

Nutritionists

Linda Alegarbes Tara Hamilton Marie Ziegler

Chiropractors

Dr. Marc Rogers

Physical Therapist

Dr. Samantha Schafer Dr. Eric Schweitzer

ARNP'S

Alex Berg Corey Shapiro

Nurses Jvoti Agarwala Diane Barber Jessica Bautista Maria Boston Marlena Buitrago Marcie Carnevale Bonnie Crabb Joy Collman Dee Davis

Donna Davis Pauline Deal Barry Debowsky

Tiffany Dell'Alba Sherri Downes

Karen Evans

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Pamela Gannon Sheryl Garcia Jenny Giertsen

Sue Godin

Kelly Harris Tara Hamilton

Marlane Iuzzolino Debbie Jennings

Deborah Kerker Marilyn Kirchner

Lydia Lewis Maria Lovera

Tony Liu Pam McAloon

Gloria McElveen Sandy Miller

Susan Murbach Judith Pierce

Melanie Robertson Sarah Scales Barbara Shimer

Paula Sue Smith Jessica Stanfield

Mary Tittle Carol Toscani Richard Vasile

Kali Wilson Marie Ziegler Terri Ziegler

CNA's

Shannon Westwood

Sonographer

Linda Lund

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Pharmacy Techs

Sue Kahn Catherine Lovera Christine Lovera Tony Tran

EMR Scribes

Toni Basinski Gabby Bellamy Isabel Carattini Morgan Cashman Avmara Evans Madeline Kelley Caitlin Powell Una Sijercic Musaab Yasmani

Clerks

Gabby Bellamy Brett Brazen Mareen Brennan Mary Jane Campbell Morgan Cashman Isabel Carattini Gina Cardy Alex Castro Michelle Dudenhoefer **Bunny Dutton** Carol Foley Mike Foley Jack Goldfarb Harlene Gunn Cassandra Haggart Cyndi Heller Diane Hellickson Molly Jones Madeline Kelley Theresa Ketcham Gail Maguire Bonnie McKinley Peggy Osborne Alexis Perez Johanna Pruitt Katie Rogers Roger Scales Barbara Schmitz Elizabeth Sharma Sandy Travnicek Marilyn Warneka

VOLUNTEERS 2017 - 2018

June Weber Musaab Yasman

Special Projects

Sharon Angel McCauley Bair **Bob Bentz** Laura Bentz Jerald Coleman John Coyne Ryan Delaney Anna Demas Hannah Denker Bianca DeSilva Sandy Erikson Rex Fleet David Hervey Deidra Livingston Sam Mav Demetra Pantelis Gail Phipps Rachel Prevatt Olivia Rivellini Roger Scales Michael Wildfeuer Susan Wildfeuer

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Curlew Hills Memory Garden
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David De Visser
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William Gross

Donations between 7/1/17 - 6/30/18. The CFC has made considerable effort for accuracy in compiling this list and we apologize for any errors made. Please notify us at 727-331-8149 of any inaccuracies or omissions.

Thank you to all of our donors for making our mission a reality.



Joe & Jennifer Pamlanye



Sarah Harrill

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Solar Innovations

StarLite Cruises

Stephen Bouton

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St. Brendan Women's Council



FUNDRAISER MARTINIS + MATISSE



FUNDRAISING CAN

The Clearwater Free Clinic is rooted in community. The support of the of our operating budget each year. Every individual and business in and the John H. Meek, Jr. Memorial Golf Tournament by being a income, uninsured families have a medical home at the Clearwater Free

MONET

Brown Trust
Frank & Brenda Crum
Dex Imaging
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Don & Mary Ann Harrill
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We honor the memory and commitment of our dear friend, CFC board member and community activist, John H. Meek, Jr.







COMMUNITY PARTNERS

COMMUNITY PARTNERS HELP US CHANGE LIVES

The Clearwater Free Clinic is able to offer the comprehensive medical services and programs it does because we collaborate with many wonderful Community Partners. These Community Partners are not only hospitals, labs and medical practices, but also businesses, foundations, civic organizations and other non-profits.

Because of these collaborations, a low-income uninsured Clearwater Free Clinic patient has access to numerous medical services both on and off the CFC campus. After being examined by one of our Nurse Practitioners or a volunteer physician, a CFC patient may receive a referral for other donated services. Our hospital community partners provide free lab services, basic and specialized radiology exams along with other hospital based diagnostic procedures including endoscopies and sleep studies. A number of medical practices donate specialized care in such as areas as cardiology, urology, radiology and pathology.

The CFC in turn, has partnered with local hospitals to provide critical follow-up care to discharged uninsured patients to help prevent unnecessary re-admissions, saving millions in health care costs. In addition, the Clinic is committed to developing and maintaining good relationships with other non-profit and civic organizations, working together to help our less fortunate neighbors.

The Clearwater Free Clinic's board of directors understands that we cannot singlehandedly meet the needs of thousands of uninsured patients. We will continue to work with our outstanding Community Partners to help find new ways of building healthier communities.















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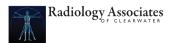


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BUILDING A HEALTHY COMMUNITY

We thank the many community members who made a gift to our Building a Healthy Community Campaign. Because of your generosity, we opened our long-awaited new facility in February 2018 debt free! Your investment in the Clearwater Free Clinic helped us achieve our goal to increase delivery of comprehensive care and provide enhanced educational opportunities to positively impact more uninsured Pinellas County residents. This is an ongoing campaign for benefit of the Clinic and hope you will join this growing list of donors.

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CLEARWATER FREE CLINIC 1218 Court Street, Clearwater, FL 33756 Phone: (727) 447-3041

CLINIC HOURS: Monday - Thursday 8:30AM through 6:00PM

www.ClearwaterFreeClinic.org





