CARE F GIVER Summer 2019

Health care for uninsured families

BUILDING A BRIGHT FUTURE TOGETHER

For Floridians, summer is often a time when life becomes less hectic with the kids out of school and vacation time approaching. As many head off to escape Florida's heat, we are reminded to extend a warmhearted thank you to those of you who have contributed to the Clearwater Free Clinic through the 2018-2019 Annual Campaign. Although most businesses and especially medical offices experience a welcome lull for a few months, the CFC stays extremely busy and remains a lifeline for the uninsured living in our area. No matter the season, we meet the ongoing daily challenges to manage acute and chronic illnesses and achieve successful outcomes for our patients.

It's hard to believe that we have now occupied our beautiful state-of-the-art medical facility for 16 months. We are grateful for the opportunity to better serve our increasingly diverse patient population. The time has flown by with so much good happening... new programs, growing volunteer base, blossoming partnerships, expanded services, and lives saved.



As we embark on the final year of our *Building a Healthy Community Campaign*, we look back and are extremely proud that we opened our doors debt-free in February 2018. We Thank YOU, our generous donors and community



partners for helping us accomplish our dream of operating in a larger, more centrally located facility. In this homestretch, we are asking once again for your support to help us reach our final goal of \$1,000,000 needed to help establish a solid foundation for the Clearwater Free Clinic's future. The remaining funds will support a CFC Agency Reserves Fund and help build the Clearwater Free Clinic Endowment.

The Clinic is proud to be excellent stewards and provide cost efficient, comprehensive services in a patient centered, caring environment. Many have told us that it is not an easy thing to ask for and accept help from a free clinic. However, all are most grateful and relieved when they find us. The Clinic is truly grateful for the outpouring of support from our donors, volunteers, grantors and community partners, who have faithfully committed to help ensure that access to healthcare is available to the low-income, uninsured of our community. Please join us on this journey in building a healthy community for all.

W	HA	TY:	3 II	VSI	DE

Community Support2	Patient Story	5
Our Partners 3	Volunteer Appreciation Week	6
John H. Meek, Jr. Memorial Golf Tournament 4	More News	7

The Clearwater Free Clinic's mission is to deliver comprehensive medical care to uninsured families through volunteerism and community partnerships... Building Healthy Communities.

43739 CFC 2019 Summer Newsletter.indd 1 6/10/19 4:43 PM

COMMUNITY SUPPORT



CFC Development Director Stuart Berger receives a donation from Kids and Kubs President Jon Wilkinson. Kids and Kubs is a softball league for youngsters over age 75!



Stuart Berger mans the Clearwater Free Clinic tent at the recent Suncoast Osteopathic "Spring Fling" event in Largo Central Park

THE CFC LOVES OUR COMMUNITY



Sunstar Paramedics hosted its Health & Safety Fair at their Largo facility in May. The Clearwater Free Clinic was happy to attend this fun-filled event and share the Clinic's mission with the public! CFC Board Member & Sunstar Paramedics COO, John Peterson, was a welcome presence at the CFC's tent. Thanks Sunstar for all you do in this community!

THANK YOU, COMMUNITY FOUNDATION OF TAMPA BAY!

Thank you Community Foundation of Tampa Bay for your support! The CFC received a \$16,000 grant to help fund our Behavioral Health Nurse Practitioner for an additional half-day each week for one year. We are proud to welcome you to our family of partners within this great community!

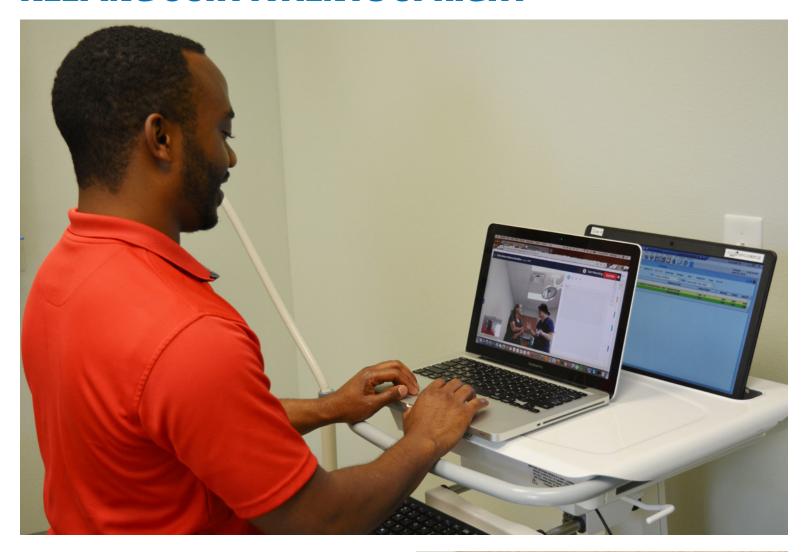


2 Spring 2019 www.ClearwaterFreeClinic.org

43739 CFC 2019 Summer Newsletter.indd 2 6/10/19 4:43 PM

OUR PARTNERS

KEEPING OUR PATIENTS UPRIGHT



As we age, the dangers associated with falling down become ever more serious. Through an innovative program called "Balance Training through Telehealth", the Clearwater Free Clinic is proactively identifying patients at risk of falling, and then giving them training and techniques to avoid doing so. Kyle King and Yvonne Steffens, both experienced Doctors of Physical Therapy, are using state of the art, HIPPA compliant video software equipment to evaluate and treat individuals with balance problems. Utilizing a computer equipped with a camera, and movement sensors usually used in the balance laboratory, Yvonne can work with a patient here at the clinic, while Kyle, watching in his office miles away, can remotely evaluate the patients' risk for falling. Together, Kyle and Yvonne are able to gather balance data enabling them to develop a plan of care designed specifically for each patient. This joint effort between Kyle, Yvonne and the clinic is just another of the many partnerships the CFC has established to keep our patients healthy, productive members of our community!



www.ClearwaterFreeClinic.org

JOHN H. MEEK, JR. MEMORIAL GOLF TOURNAMENT

Thank you to our sponsors & friends for your support!



EAGLE SPONSORS
In Memory of John H. Meek, Jr.
Suncoast Arcade

GOODY BAG SPONSOR Mercer Advisors

CONTEST SPONSOR
Waddell & Reed Financial Advisors

GOLF CART SPONSOR ProVise Management Group

BIRDIE SPONSORS Advanced Urology Associates Advantage Mental Health Center **Brown Trust** Chapel By the Sea Clarifire Client 1st Advisory FrankCrum Staffing Jodan Architectural Concepts Bruce & Deidra Livingston Mary Mascaro Sandra Miller Moss Feaster Funeral Home & Cremation Services Dr. Richard & Susan Murbach **Park Construction** The Perno Family

SPECIAL THANKS TO OUR HELICOPTER SPONSOR: STEVE BOUTON!

Transamerica

UDS & The Crisorio Family

PAR SPONSORS Crystal Glass & Mirror Cindy & Michael Lewis Dan & Sharon Meek Sara & John Peterson The Slattery Family Sunstar Paramedics

FLAG SPONSORS
Bizco
In Honor of the
Clearwater Free Clinic
Nationwide
Pinch A Penny
Dr. David Shapiro

BEVERAGE SPONSOR Dick Norris Buick Ultimate Medical Academy

VENDOR SPONSORS
Belleair Market
Carrabba's Italian Grill
Chi Chi Rodriguez
Clear Sky Beachside Cafe
Great Bay Distributors Inc.
Hooters
Marina Cantina
Papa John's
Tito's Handmade Vodka

TEE SPONSORS Abe's Place Tap & Grill

Airolite
Baywest Chiropractic
Steve & Becky Cole
Condon Meek Insurance
Dr. Jeff Ellenberg Family Dentistry
Michael & Carol Foley
Rev. Robert & Mrs. Shirley Galatas
In Memory of Dr. Charlie Kottmeier
In Memory of Sylvia & Melanie Leimer
Betty & Paul Ley
Dr. Todd & Raegan Miller

Mustard Seed Advisors of Raymond James
Priority One Clearing Services
Johanna & Crayton Pruitt
Thacker Law Group





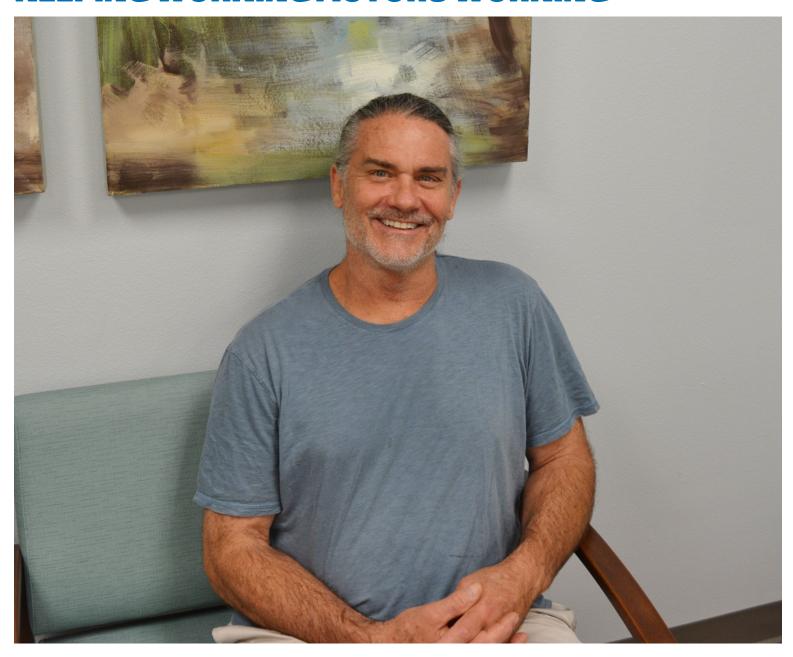




4 Spring 2019 www.ClearwaterFreeClinic.org

PATIENT STORY

KEEPING WORKING ACTORS WORKING



When you think of actor's salaries, normally one thinks of the millions of dollars the stars make. The truth is, unfortunately, that most working actors make less than \$1000 a year. It's just the nature of the business – a job here and a job there with only the top few actors working continuously. Ray Bouchard, an actor since his 20's, knows this firsthand. Ray, who has been seen in Ryan's Hope, Blood Line, Smokey and the Bandit 3, and Burn Notice among others, can also be seen in the Clearwater Free Clinic.

"Acting has never paid my bills – working as a handy man has", says Ray. A descendent of the McMullen's, one of Pinellas Counties founding families, Ray knows how quickly one's life can change. "I've had money and I've lost money, but I've lived an adventurous life which I wouldn't change at all." Ray has high blood pressure and numerous other ailments that would have been left untreated if not for the Clearwater Free Clinic. As a handy man, the bone spurs and carpal tunnel issues can be debilitating. But with the care he has received at the Clinic, he is able to continue to work. And work he does. Ask anyone in Downtown Dunedin about Ray, and they will talk about his high spirits, attention to detail and the work he has done on the Blatchley House, a home on the National Registry. "Honestly, I never thought I'd be using a Free Clinic to receive my healthcare, but I thank God the Clinic is here."

www.ClearwaterFreeClinic.org

VOLUNTEER APPRECIATION WEEK

Volunteer Appreciation Week is one of our favorite times of the year because we get to celebrate all of the incredibly talented, smart, dedicated, generous and overall AMAZING volunteers who make the Clinic's mission a reality every day! This year, we celebrated with a week-long ice cream sundae bar for our volunteers to enjoy. Yum! Did you know that our volunteers contributed over 10,000 hours valued at \$1,066,576 just last year?! Now that's how you build healthy communities! We are truly lucky to have the support of such wonderful volunteers. Thank you for your helping hands and giving hearts!









VOLUNTEERS...

MAKE a difference LEARN new skills MEET new people GAIN valuable experience HELP those in need

Both Clinical and non-clinical volunteers needed. www.ClearwaterFreeClinic.org/Volunteer

6 Spring 2019 www.ClearwaterFreeClinic.org

43739 CFC 2019 Summer Newsletter.indd 6 6/10/19 4:43 PM

MORE NEWS

CONGRATS, GRADS!



Congrats to Sam and Olivia, two of our superstar volunteers, for graduating from Largo High School! These outstanding kids helped out at the Clinic all throughout their high school careers, always willing to lend a hand. We know they will continue to do wonderful things at the University of Pennsylvania and beyond! We are so proud of you and will miss you!

WELCOME, ERIN!



Please Join us in welcoming Erin to our staff! Thanks to a generous grant from Dr. Jim & Carole Free, the CFC was able to hire a part-time nurse practitioner to collaborate with our two full-time NP's and volunteer physicians. Erin, a University of Florida Gator, wife, and mom of two, attended Virgina Commonwealth University for nursing school and graduated from University of Tampa with her Master's degree. She enjoys the beach and anything involving the outdoors, and even received a gymnastics scholarship at UF! We are so pleased to have you as a part of our team here, Erin!

TRIBUTES

THE CFC IS GRATEFUL FOR THE FOLLOWING DONATIONS:

IN HONOR OF:

Robin & Bob Quinn Sean & Laura Manning

IN MEMORY OF:

Betty Jo Andrews
Terence Leet
Dr. David & Jeannie Shapiro
Maria Barberio

Robert Burns Theresa Johnson

Dr. Todd & Raegan Miller Frederick Kirby

Dr. Todd & Raegan Miller Dolores Mandolesi

Dr. John & Gloria Dodson Doris Vargus

Sister Jon Sullivan

The Clearwater Free Clinichas made considerable effort for accuracy in compiling this list and we apologize for any errors made. Please notify us at 727-443-3504 of any inaccuracies or omissions. Funds collected through the Annual Campaign are used to fulfill the mission of the Clearwater

NEW VOLUNTEERS

SCRIBES:

Free Clinic.

Maria Psikogios Chelsea Gow AJ Roldan Cliff Jia Alyssa Benjamin Sarah Deal

CLERKS:

Michelle Montes Stephanie Strikowsky

NURSES:

Caroline Csenge Sheila Kopp Mary Monti Janice Steinhoff Sharon Daniel Lorena Ruko Sean Gatlin Ron Pruitt

PHYSICIANS

Dr. Howard Sharf

Dr. Somphanh Khousakoun

Dr. Gordon Goodman

PHARMACY

Tom Bazzone

ULTRASOUND

Diane Wilson

Nova Southeastern University

www.ClearwaterFreeClinic.org

7 Spring 2019



NON-PROFIT ORG. U.S. POSTAGE PAID TAMPA, FL PERMIT NO. 3443

Health care for uninsured families 1218 Court Street Clearwater, FL 33756





WWW.CLEARWATERFREECLINIC.ORG

LEADERSHIP STAFF

Jeannie Shapiro

Chief Executive Officer

Mary Lovera

Director of Clinical Services

Diane Morse

Director of Operations

Stuart Berger

Director of Development

Victor Riccardo

Director of Medication Services

Corey Shapiro, ARNP, FNP-C

Nurse Practitioner

Darlene Hiatt, ARNP

Nurse Practitioner

Dr. Paul Steele &

Dr. Todd Miller

Volunteer Medical Directors

1218 Court Street Clearwater, FL 33756 727-447-3041

Clinic Hours: Mon - Thurs 8:30 AM - 6:00 PM











www.ClearwaterFreeClinic.org

BOARD OF DIRECTORS

Bruce Livingston

Chairman

David Phillips

Vice Chairman

Kiersten Finchum

Secretary

Melvin Sams

Treasurer

MEMBERS

Stephen Bouton

Cyndi Heller

Jim Lankford

Sandra Miller

Trace Meek

Muni L. Narayan, MD

John Peterson

Joseph Perno, MD

Craig Phillips

Brian Salisbury, MD

Debbie White

Buster Wiand

Elizabeth Winter

43739 CFC 2019 Summer Newsletter.indd 8 6/10/19 4:43 PM