









A primary healthcare home for the low-income, uninsured children and adults in Pinellas County. BUILDING HEALTHY COMMUNITIES

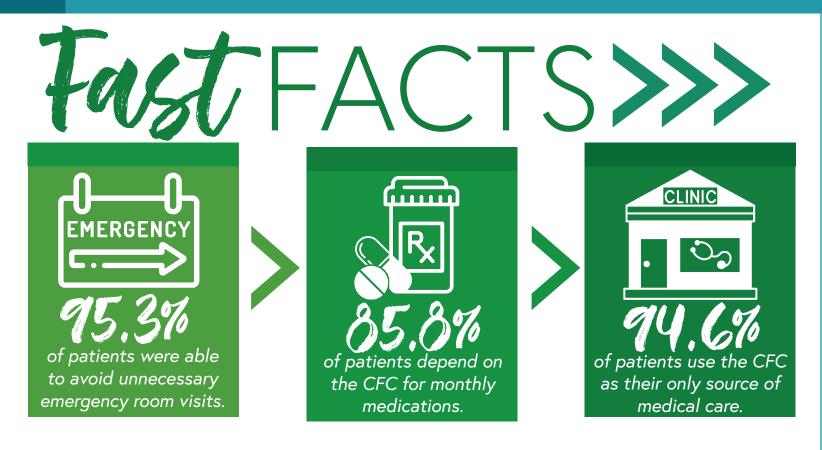
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Our Mission:

The mission of the Clearwater Free Clinic (CFC) is to deliver comprehensive medical care to uninsured families through volunteerism and community partnerships... Building Healthy Communities



REFLECTIONS

Dear Volunteers, Donors, and Community Partners,

On behalf of the Clearwater Free Clinic Board, I am writing this letter to express our heartfelt gratitude to each and every one of you who has supported our organization over the past four decades. Since our establishment in 1977, your unwavering dedication and generosity have enabled us to fulfill our mission of delivering comprehensive medical care to the uninsured members of our community.

It is important to note that the Clearwater Free Clinic does not receive regular government funding. Instead, our accomplishments are made possible solely through the kindness and support of individuals like you—our remarkable volunteers and donors.

You give not only your time and talent but also your invaluable treasure, and we are truly humbled by your commitment to our cause.



We are proud to share that the CFC provided over \$11.7 million of medical services to the under-served people in upper- and mid-Pinellas County last year!

Our clinic staff and volunteers work tirelessly alongside our patients to help them achieve their optimal health and wellness. Through direct patient care and innovative programs such as smoking cessation, diabetes education, art therapy, and music therapy, we strive to address not only the physical needs but also the emotional and psychological well-being of those we serve. Your continued support empowers us to provide these essential services and make a meaningful impact on the lives of our patients.

We would like to acknowledge our invaluable community partners. Your collaborative efforts and shared commitment to improving healthcare access have strengthened our ability to serve the uninsured population in our area. Together, we have made a real difference in the lives of countless individuals and families, and we are proud to stand side by side with you in this important work.

As we move forward, we extend our deepest gratitude to each and every one of you. Your generosity, compassion, and unwavering support have made a profound difference in the lives of those we serve. Together, we are creating a healthier and more equitable future for our community.

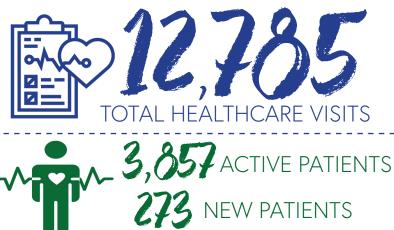
With sincere appreciation,

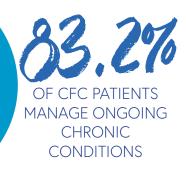
Luke Lovgren Clearwater Free Clinic Board Chair

ABOUT OUR Patients>>>>



The care I receive at the Clinic is **bettep** and more **attentive** than when I used to have medical insurance years ago and I could pay for it. If it were not for the CFC, I wouldn't be able to afford my medication.





I couldn't have been more happy and grateful for having the CFC as my medical home. I couldn't afford others and I got the best care ever there. The doctors always made me feel like they truly CMC. It's a warm, we coming, caring, and friendly atmosphere.



18,814

COURSES OF MEDICATION

DISTRIBUTED





The Clinic is literally a *life-Swing* option for those like me who can't afford private insurance. The Clinic solely operates on donations, so the fact that they have been in existence for so long is a strong testament to the *belief* and *Trust* that donors have in them.

OUR PATIENTS

PAIN FREE AND BACK ON TRACK

After having insurance for over 32 years, Nisa was no longer able to afford the high premium costs and was in need of medical care. With no insurance, Nisa sought other options and found the Clearwater Free Clinic online.

"From the very first visit, I was amazed," Nisa said. "The staff and volunteers go above and beyond to make their patients feel very comfortable and well-taken care of."

Nisa came to the clinic with a meningioma (a benign brain tumor) that was being monitored by her previous providers. After losing insurance, Nisa had not received any follow-up MRIs since 2021. The Clinic ensured Nisa received an MRI and learned the mass had grown in size. The meningioma caused headaches, nausea, and vomiting. Currently, our clinic physicians are working with our neurosurgery partners to remove Nisa's tumor--free of cost.

Nurse Practitioner, Corey Shapiro, partnered with BayCare Medical Group's Pain Management Program to provide Nisa with a personalized pain treatment strategy. BayCare's Dr. Danya Godoy prescribed lower back injections that relieved Nisa's lower back pain. Nisa's pain was initially unbearable, but with treatment and care, her pain is barely recognizable.

"When I had insurance, I had all these existing problems but nothing was being done about it because I couldn't afford the out-of-pocket expenses," Nisa said. "In the short span of time since I started coming here, all the help I needed starting falling into place."

Recently, Nisa has experienced some extreme financial difficulties that impacted her mental health. She was referred to our Behavioral Health Program and began seeing MSW Intern, Danielle Abali.

"Danielle has really helped me feel like I shouldn't give up," Nisa said. "I've always worked in survival mode, especially with my recent financial circumstances, but she encouraged me to slow down and find my enjoyment."

Nisa has taken up journaling, yoga, and breathing exercises to assist with her mental health status. Despite her circumstances, Nisa is grateful for the Clinic for helping her maintain a positive outlook and get her health back on track.



CFC GENERAL MEDICAL SERVICES

PRIMARY CARE

- Family Practice
 - Internal Medicine

SPECIALTY MEDICAL CARE

- Mental Health
 - O Counseling
 - Diagnosing & Prescribing
 - Cardiology
 - Consults
 - **O** FKG
 - Holter Monitors
 - Echocardiograms
 - Chiropractic Care
 - Dermatology
 - Endocrinology
 - ENT
 - Surgical Microscope
 - Portable Rhino-Laryngofibroscope
 - Gastroenterology
 - General Surgery Limited
 - Gynecology
 - Hematology
 - Nephrology Limited
 - Neurology
 - Oncology/Hematology
 - Ophthalmology
 - O Diagnostic Exams Limited
 - Diabetic Eye Exams
 - Surgical Procedures Limited
 - Orthopedics
 - Podiatry
 - •Pulmonology
 - Pulmonary Function Machine
 - Nebulizer
 - Rheumatology
 - Urology
 - Bladder Scanner
 - Cystoscope
 - Radiology
 - Ultrasounds

PEDIATRICS

- Sick Visits
- School Sports Physicals

HOSPITAL-BASED TESTING & PROCEDURES

- Lab Work
- Nuclear Medicine Studies
- Sleep Studies
- Endoscopy/Colonoscopy
- Radiology Studies
- X-Rays
- CT Scans
- MRIs
- Small Bowel Series
- Upper GI

CLINIC BASED PROGRAMS

MEDICATION PROGRAM

- On-Site Medication Dispensary
- Education
- Injections
- Enroll Patients in PAPs

WOMEN'S CARE PROGRAM

- Preventative Care
- Pap Smears
- Mammograms
- Colposcopies

WOUND CARE PROGRAM

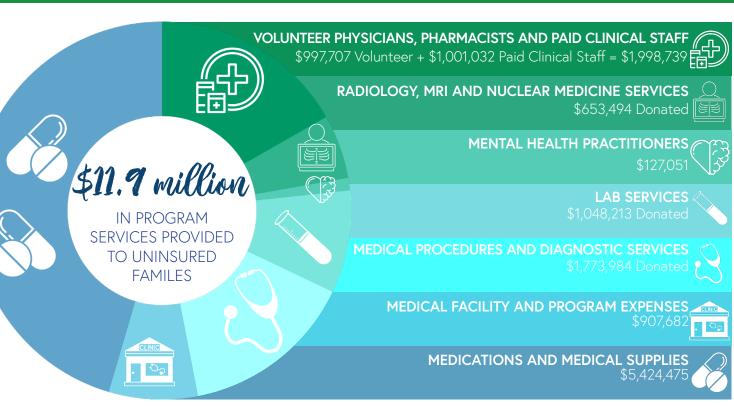
- **DIABETIC & PRE-DIABETIC PROGRAM**
 - Education & Counseling
 - Nutrition
 - Personal Care
 - Insulin Administration
 - Continuous Glucose Monitors
 - Healthy Living Coach
 - Supplies
- PHYSICAL THERAPY PROGRAM
 - Personalized Program
 - EMG
 - Nerve Conduction Studies
- NUTRITIONAL COUNSELING PROGRAM
 - One-on-One Counseling
 - Personalized Plans & Tools
 - Education Materials
- PATIENT EDUCATION PROGRAMS
 - My Heart, My Health
 - Chronic Disease Self-Management Program
- Tobacco Free Florida Smoking Cessation COUMADIN CLINIC

 - HCT Screening

ADDITIONAL MEDICAL EQUIPMENT

- Pulse Oximeter Doppler
- Lipid Machine
 - Dermoscope
- A1C Machine
- INR Testing

OUR PROGRAMS



PROGRAM Highlights



The CFC offered monthly smoking cessation classes in partnership with Tobacco Free Florida.

Music Therapy



The new music therapy program taught patients how to play the ukulele and learn new musical skills.



Our Healthy Living Coach taught classes informing patients of healthy eating habits and providing them with healthy food boxes.



The Diabetes Education & Empowerment Class served as a support group and educational class for diabetic and prediabetic patients.







The CFC offered art therapy classes for patients needing stress relief or an emotional outlet.



Every Wednesday, our volunteer pediatric physicians provided pediatric care and free school physicals.



25 26 27 28 29

29

Michael has always considered himself to be in good health. Shortly after moving to Clearwater from Raleigh, NC, Michael was hospitalized for four days after a traumatic fall. The Morton Plant medical staff discovered Michael had uncontrolled diabetes and hypertension, high cholesterol, and anemia.

"When you go into the hospital and you're told you have a blood sugar of 395, your vitals are out of whack, and you have no insurance, you're terrified," Michael said.

Assuming he was in good health, Michael never saw the need to seek out a medical home. He was also unable to afford medical insurance with a Doordasher's income and a lack of veteran's benefits.

A nurse at Morton Plant hospital informed Michael about the Clearwater Free Clinic and the services we provide. After registering as a new patient, Michael worked with Dawn Greene-Putulin, ARNP, and Healthy Living Coach, Georgeann O'Leary to regulate his diabetes.

Despite their best efforts, our clinical staff was unable to completely improve Michael's health and manage his chronic illnesses due to his alcohol consumption.

In the span of five days, Michael passed out three times--once during his appointment at the Clinic. Realizing his health would not fully improve, Michael took the steps to stop drinking.

"I was able to quit drinking because of a lot of encouragement from the people here at the Clinic," Michael said. "They didn't browbeat me, but they just let me know that my health would get a lot better if I quit."

Michael has been sober for over three months and has attended over 122 AA meetings. Immediately after he stopped drinking, Michael's strength and energy improved and his positive outlook on life returned.

As a result of his efforts to improve his health he has lowered his blood sugar to 111 and his A1C to 6.3. He has also been an active participant in the My Heart, My Health class, learning about good nutrition and lifestyle habits.

"Without this place I know I would be closer to death," Michael said. "My goal now is to stay as healthy as possible and live for my five children and 10 grandchildren."

23 24

30 31

GRANT PARTNERS

thankful for our GRANT Partners **V**CVS THE RUTH & J·O Health PUBLIX SUPER MARKETS FOUNDATION **Kiwanis** FLORIDA ASSOCIATION OF FREE & CHARITABLE **CLINICS** Schoenbaum Family Foundation BayCare Free Familý Foundation COMMUNITY FOUNDATION Health System ТАМРА ВАУ



The Clearwater Free Clinic is grateful for contributions made by the **Schoenbaum Family Foundation** which allowed us to purchase Continuous Glucose Monitors (CGM) for patients like Bonnie.

Diagnosed with diabetes over 20 years ago, Bonnie struggled to regulate her glucose and manage her symptoms. Because of the Schoenbaum Family Foundation, Bonnie was given a CGM at no cost to her.

"After a while, it gets so sore sticking yourself three times a day," Bonnie said. "My Healthy Living Coach said 'No, we'll get you a CGM.' It's amazing what a difference that makes."

Thanks to a generous grant from **Community Foundation Tampa Bay**, the Clearwater Free Clinic can continue to expand our Behavioral Health Program with different therapy classes. These classes include art therapy, music therapy, and a women's support group.

Isabel was referred to the Behavioral Health Program after expressing some stress and anxiety. She found interest in the Clinic's Art Connections class which allowed her to learn new art techniques and express herself in a positive way.

"It was amazing because it was so relaxing and I was able to do different art projects," Isabel said. "I was unsure if I could do it, but after the results, I felt more confident in myself."





EXPENSES Total Expenses: \$11,933,638

PROGRAM SERVICES: \$11,366,074

MANAGEMENT & GENERAL: \$252,733

DEVELOPMENT: \$314,831

REVENUE

2.2%

2.6%

Total Revenue: \$13,892,356 3.7% IN-KIND CONTRIBUTIONS: \$9,742,630

70.1%

75.2%

0.8# SPECIAL EVENTS: \$516,774 7.4% PATIENT DONATIONS: \$104,184

BUSINESSES, FOUNDATIONS, INDIVIDUALS, CIVIC & MISC. CONTRIBUTIONS: \$1,305,268

GRANTS: \$2,223,500

PATIENT NEEDS >>>> Donor SOLUTIONS



David and Patrice Hillis, who were friends of Sandy Miller on and off the golf course, recently made a generous gift to the Clearwater Free Clinic in her memory. The CFC was able to purchase two pharmacy-grade, temperature regulated refrigerators with locks, temperature sensor alarms, and remote alarm contacts. These refrigerators house the Clinic's injectable insulins, vaccines, and immunologics that require a strict temperature controlled environment. This gift was a wonderful way to honor Sandy's memory of helping others.

FINANCIALS

WAYS TO Gue



Make a Dovation

Every gift has the ability to make a difference and change a life. 96 cents of every dollar donated goes towards providing comprehensive care to our patients in need.



Sponsor an Event

The CFC's two major fundraisers raise a significant portion of our operating budget. Sponsorships have the greatest impact on the success of these events and help the Clinic better serve the community.



Matching Gifts

Many companies encourage charitable giving through matching programs. Check to see if your employer will multiply your donation to the CFC or allow automatic deductions.

Join a Giving Circle

The Clinic's B.E.S.T. (Business Executive Support Team) Program is the newest way for local business operators and community leaders to support the Clinic's programs with an annual gift.

Become a Front-Line Friend

Joining the monthly giving program is the easiest way to make the most direct impact in helping our uninsured neighbors gain access to comprehensive health care. You can also make reoccurring donations to the Clinic yearly, semi-annually, or quarterly.



Planned Giving

Planned giving uses tax, financial, and estate planning techniques to benefit the donor and the CFC. Charitable gift annuities and bequests in your will are two of the most popular ways of making a gift.

Memorial or Honorary Gifts



You can make a gift to honor or memorialize a loved one who supported the Clinic or our mission. Recognize your loved ones by making a donation of any size to the CFC in their honor.



Give Securities

Gift securities include appreciated stocks, bonds, and mutual funds. A gift of securities can provide significant benefits to you and the CFC.

A STRONG SURVIVOR'S HEART

After a referral from a friend, Ruth came to the Clinic in 2012 with several chronic diseases, including COPD, liver mass, knee pain, blurry vision and fatigue.

In 2022, during a visit with Corey Shapiro, ARNP, Ruth displayed COVID symptoms and off-handedly commented on her intense ear pain and ringing. After isolating and recovering from COVID, Ruth was seen by our volunteer ENT specialist, Dr. James Chow, who discovered a large mass on her tongue.

Ruth was then referred to BayCare ENT, Dr. John Morrow, who ordered imaging and a biopsy of the mass and directed her to BayCare oncology with Balil Salame, MD.

"All the people who work here have been very helpful in guiding me in the right direction." Ruth said. "When I found out about my cancer, they helped me establish myself with the right doctors and maneuver through it both mentally and physically."

In a short time span, Ruth's mass grew rapidly and began to obstruct her airways and cause difficulty breathing. After being sent to Mease Countryside ER for a viral infection, Dr. William Reschly made plans for a G-tube placement and an extensive 7-hour surgery that would remove the mass and reconstruct her tongue with a skin graft from the forearm and thigh.

Through community partnerships with BayCare and the Community Dental Clinic, Ruth was able to receive a much needed surgery, dental extractions, and follow-up radiation and chemotherapy. Our Clinic providers and partners maintained effective communication and collaboration to ensure Ruth received the best care.

After being dropped from Medicaid and unable to afford healthcare costs, the Clinic stepped in to continue to support Ruth's healthcare journey.

Despite her ongoing chronic disease and cancer management, Ruth has maintained a survivor's heart. The Clinic's Behavioral Health Program and the support of her friends and neighbors has also been instrumental in supporting Ruth with her mental health.

"My next goal personally is to be able to eat again and get my tongue to work," Ruth said. "I'm a strong a woman, I know I was built strong. I'm going to live happy because I've been blessed by the people here."

SPECIAL EVENTS

Special EVENTS >>>>

Events produce the funds to deliver life-saving medical and behavioral health services for CFC patients - all while having a great time with friends. Over 23% of our annual budget is raised through your support of these special events.













This incredible evening of cocktails and culture brought together people from our community to raise funds for Pinellas County residents who need access to quality health care services. At Martinis + Matisse, guests viewed beautiful art, enjoyed high-end local cuisine, had the opportunity to take home a piece of donated art, and of course, drank exceptionally smooth martinis.



GO\F TOURNAMENT

We honor the memory and commitment of our dear friend, CFC board member, and community activist John H. Meek, Jr. at our annual memorial golf tournament. For many years, John dedicated his time and effort to the CFC, making a significant impact on the growth and sustainability of our organization.















The Clearwater Free Clinic, community partners, and Pinellas County residents celebrated *Another Dance on the Beach* -- a day after Thanksgiving party at Carlouel Yacht Club. The CFC is grateful to the committee for selecting the Clearwater Free Clinic to benefit from this special event.



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Dhysicians Dr. Greg Arsenis Dr. Donald Bergner Dr. Mariane Bishara Dr. Deborah Byrnes Dr. Lorraine Byrnes Dr. James Chow Dr. Samuel Cleveland Dr. Jacqueline Crawford Dr. David Dieterich Dr. Greg Garvin Dr. Gordon Goodman Dr. Brooke Guthrie Dr. Emily Hall Dr. William Halleran Dr. Barry Hennessey Dr. Heather Herrema Dr. David Hicks Dr. Robert Hoffert Dr. Allen Hughes Dr. Vikesh Khanijow Dr. Somphanh Khousakoun Dr. Robert Koch Dr. Stephen Kornfeld Dr. Richard Kidd Dr. Joella Lambert Dr. Federico Lenz Dr. Mitchell Lowenstein Dr. Todd Miller Dr. Kimberley Mularoni Dr. Eric Nicely Dr. Henry Ohleyer Dr. Elizabeth Pacer Dr. Cynthia Paganini Dr. Joseph Perno Dr. Alyson Raymond Dr. Amy Ross Dr. David Rothberg Dr. Allan Rothschild Dr. Louise Santos Dr. David Shapiro Dr. Stephen Smolansky Dr. Zucel Solc Dr. Belur Sreenath Dr. Paul Steele Dr. Brandon Steinberg Dr. Stuart Strikowsky Dr. Muthiah Sukumaran Dr. Jawahar Taunk Dr. George Thommi Dr. Ron Tucker Dr. Stephanie Van Zandt Dr. Alex Weiss Dr. Amy Zitiello

Chiropractors

Dr. Marc Rogers Dr. Daniel Strauss

Nurses/APRN's/ PA's/CNA's/MA's

Jyoti Agarwala Janice Berman Joy Collman Gray Connelly Dee Davis Donna Davis Abbey Hall Katherine Hanrahan Debbi Hansen **Deborah Kerker** Ralph Langschwager Melanie Robertson Barbara Shimer Carey Strickland Judith St. Onge Stefanie Tibbitts Mary Tittle Carol Toscani Gillian Vasile Richard Vasile Marie Ziegler

Sonographer Mariana Voinea

Physical Therapy

Trina Belanger Jeremy Schafer

Pharmacists

Gary Kahn Margaret Wilkinson

Pharmacy Support

Tom Bazzone Joy Collman Pauline Deal Ajay Garg Harlene Gunn Sue Kahn Tanner Loper Alicia Sgroi Carey Strickland

EMR Scribes

Sava Douridas Alex Hervey Maurice Mójica

Clerks Gina Čardy

Isabella Cruz Nicholas Douridas **Bunny Dutton** Dotti Fischer Zaynib Galani

James Gelep Lucas Gelep Sydney Gilbert Jack Goldfarb Cyndi Heller Kerriann Kinports Anastasia Laurenzo Carol Meares Karishma Pandya **Christopher Phillips** Gail Phipps Kathy Ronan Barbara Schmitz Leslie Steele Stephanie Strikowsky June Weber **Missy Yates**

Medical Students

Nick Doberstein Brian Ellsworth Tara Shenker

High School Students Alexis Gannon

Aris Leousis **Beckett Stansell** Adam Williams

Schools

USF Nursing UT Nursing NOVA

John H. Meek, Jr. Menopial Golf Tournament Kiersten Finchum Heather Herrema

Mitch Herrema Samantha Hooten Thomas Hooten Marta Howell **Richard Howell Chandler Hutcheson** Emilia Mansell Leo Mansell Trace Meek Lauren Meek Pattie Meek Jill Metz **Bobby Metz** Thomas Newssler Craig Phillips Bob Quinn Jeannie Shapiro Sarah Venezia Michael Venezia Amanda Wood Shane Wood

Sarah Wilkerson

Another Dance on the Beach Ellen Bilgore Molly duPont-Schaffer

Martinis + Matisse

Delores Battle **Bob Bentz** Laura Bentz Gina Cardy Joy Collman Shannon Connolly Trudy Cooper Katie Crum Chelsea Crymes Ryan Delaney Jaclynn Dimmitt **Kiersten Finchum** Dotti Fischer Sally Fisher Pam Gannon Sandy Godinho MaryAnn Harrill Cyndi Heller Heather Herrema, D.O Sandra Huston Melanie Kajmowicz Theresa Ketcham Kim Kurey Susan Lewis Deidra Livingston Carol Mariani Kathy Milam Diane Morse Sara Mullins Susan Murbach **Robin Quinn** Dana Rizzuto **Corey Shapiro** Jeannie Shapiro Stephanie Strikowsky Carol Toscani





VOLUNTEERS

Last year, Clinic volunteers provided 12,405 hours valued at \$933,678



I love the interaction with staff and patients. I am *implegged* with the variety of providers and the level of care provided for patients. I am http://www.ice.com/apply.to.be.a.part.of.it!









Everyone has been so nice, Supportive, and welcoming. It feels like a family and I have never felt so appreciated.









THANK YOU

Life-Saver Circle (50,000+) BayCare Sandra P. Miller Trust Ruth & J.O. Stone Foundation

Founder Circle (\$10,000 - \$47,777)

Advantage Mental Health Center Anonymous Ellen Bilgore Tiffany Bilgore Craig Brown <u>Ann Burchneal</u> Cantonis Family Foundation Chapel by the Sea Community Foundation Tampa Bay Duke Energy Fidelity Charitable Dan Doyle, Sr. Kiersten & Travis Finchum Dotti & John Fischer Richard Funk Medical Staff of HCA Florida Largo Hospital The H. Foundation Don & Mary Ann Harrill Cyndi & Stephen Heller Hillis Family Foundation Kathy & Roger Johnson KLP PEI Global, LLC John & Dawn Marco Dr. Jim & Sue Petru Alice Nisk Schoenbaum Family Foundation Schwab Charitable Mark Wintrub

Sponsor Circle (\$2,500 - \$9,999)

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Steward Circle (\$500 - \$999)

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We are **thankful** for the following partnerships that change the lives of our patients. Donated services provided by these **dedicated** institutions, in our local area and beyond, are the driving force behind the expansion of in-kind services.





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The Clearwater Free Clinic is just one of the Tampa Bay Area Clinics that BayCare partners with to ensure that people who can't pay for medical care get the help they need. BayCare provides free or low-cost diagnostic tests, imaging, sleep studies, and other medical procedures to free clinic patients. "Nearly every Clearwater Free Clinic patient becomes the recipient of generously donated BayCare services at one time or another," said CEO, Jeannie Shapiro.

LOOKING FORWARD







On March 31, 2023, the Clearwater Free Clinic purchased 1212 Court Street, our new Wellness Annex, with generous funding from one of our long-time donors, the **Ruth & J.O. Stone Foundation.**

Plans for the 8,500 sq. ft. building include space for a comprehensive Wellness Program, which includes education and meeting rooms, a workout and gym area, and a teaching kitchen. Also housed in the new building will be a Food Clinic, run by Baycare, to provide our patients with healthier and nutritious food options that would otherwise be too expensive and costly to purchase.

New Patient Registration and Development will also be housed in the new building to allocate additional space for more clinical services in the 1218 building. Plans are underway for a remodel and renovation project in the fall.

We are so grateful for this transformational gift! The new wellness program will allow the Clinic to focus on preventative care and be proactive about our patients' health instead of just treating illnesses.

Leadership

Jeannie Shapiro Chief Executive Officer Mary Lovera Director of Clinical Services Diane Morse Director of Operations Victor Riccardo Director of Medication Services Corey Shapiro, ARNP Lead Nurse Practitioner Dr. Todd Miller & Dr. Paule Steele Volunteer Medical Directors The Cleawater Free Clinic is a Kappa Alpha Psi Fraternity, Inc. Humanitarian Award Recipient









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