

CARE GIVER

Spring 2021

Health care for uninsured families

New CFC Health and Wellness Initiative

Partnering with the American Heart Association to Build Healthy Communities

2021 is off to a healthy start! The CFC and the American Heart Association are working together to implement a new health and wellness initiative, further expanding our patient services.

Designed as a comprehensive 12-week educational program, Clinic patients can sign up to learn the techniques necessary to improve health & well-being through proper diet, nutrition, exercise and stress management. Weekly monitoring will allow patients to see their progress and measure success before and after the program. Patients with heart disease, hypertension, obesity and diabetes will benefit from the hands on approach funded by the American Heart Association.

“Where this program differs from other wellness programs is that we have partnered with Life Farms to provide a half share of fresh, organic fruits and vegetables each week throughout the program.”
 – Jeannie Shapiro, Clearwater Free Clinic CEO

Participants will receive the tools they need to make lasting lifestyle changes, including access to weekly organic produce and cooking classes, exercise instruction and equipment as well as peer-to-peer support.

Active and engaged participation in the program will promote short and long-term improvements in health. We look forward to introducing our first class of patients as they work hard to reach their health goals with the support of the American Heart Association and CFC!

HEALTHY CHOICES

- NUTRITION CLASSES
- MEAL PLANNING
- WEEKLY SHARE OF PRODUCE





- EXERCISE CLASSES
- EXERCISE EQUIPMENT
- FITNESS TRACKER

FITNESS

SUPPORT

- SUPPORT GROUP MEETINGS
- CHRONIC DISEASE EDUCATION




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The Clearwater Free Clinic's mission is to deliver comprehensive medical care to uninsured families through volunteerism and community partnerships... Building Healthy Communities.

CFC CELEBRATES AMERICAN HEART MONTH!



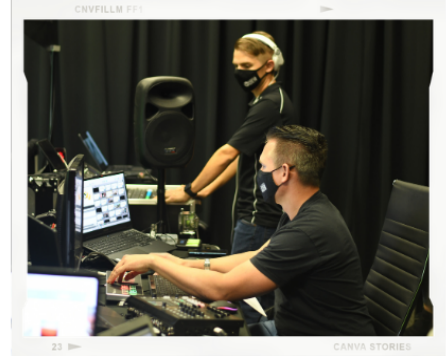
FUNDRAISING



2021

In the midst of a global pandemic, the Clearwater Free Clinic's signature winter fundraiser continued in 2021! Martinis & Matisse "With a Twist" introduced hundreds of loyal supporters to a virtual version of their beloved art lottery and a live, online program that was both exciting and interactive! The support for the patients and mission of the Clearwater Free Clinic was matched only by the impressive sense of community created through the online format. Until 2022, thank you to all who contributed to the success of Martinis & Matisse "With a Twist!"

Thank you to the 2021 Martinis & Matisse Artists who created an unforgettable art lottery - with a twist! View all of the fabulous artwork at MartinisAndMatisse.org



The Clearwater Free Clinic is Grateful to These Generous Sponsors!

MONET SPONSORS

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Medical Center

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Barbara & Eric Schmitz
Alice Nisk
Ruth's Promise Adult Day Program

THANK YOU TO OUR SUPPORTORS

THANKS FOR 
shaking things up
WITH US THIS YEAR!



WE'D LIKE TO EXTEND A SPECIAL
THANK YOU TO:

Brian James Photography

Vista Galleries

Starlite Cruises

Sheraton Sand Key

Tosti's Spirits and Fine Wine

Dunedin Fine Arts Center

The Production Crew

Qtego

Freedom Run Vineyard

Sean & Laura Manning

Painted Pear Studios

Penny Young

Alpert Enterprises

Jason Alpert

M&M "With a Twist" Committee

Thank you to our



Restaurant Partners

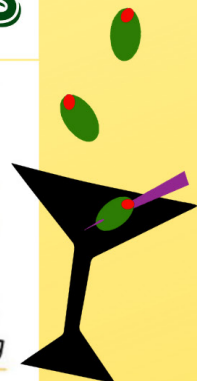
OAK*OLA



ON SWANN



FOOD ARTS
with Chef Craig Tinning



FEBRUARY 14, 2018: A NEW ERA OF SERVING THE UNDERSERVED



We are proud to announce that we have officially been operating at our 1218 Court Street location for three years! On Valentine's Day in 2018, we saw our very first patient in our beautiful new facility and started using electronic medical records that very same day! We are just as excited each day to serve the underserved in our spacious, clean, safe, and efficient clinic as we were on that first day. Thank you to each and every donor, volunteer, staff member, and supporter who made the transition to 1218 Court Street a reality! What a journey it is as we grow and change, yet remain steadfast in our mission: to deliver comprehensive medical and mental healthcare to low-income, uninsured families.

History of the Clearwater Free Clinic



CARE CHRONICALS: *Meet Philip*



Philip is just one of many patients that have found the Clinic to be a place where his medical and mental health needs are met. Philip's story begins in Philadelphia, PA, where he was born and raised. After attending La Salle University, Philip began working and earning an excellent living in the business world. He began to face a huge amount of stress in his job and personal life. In 2016, Philip, unfortunately, lost his job and relocated to Florida. Without health insurance, Philip was unable to take care of his growing medical problems and struggled to maintain good health. In 2018, Philip was referred by a local hospital to the Clearwater Free Clinic, where he began his journey back to a healthy life. Philip had several serious problems, including a detached retina, high blood pressure, sleep apnea, stomach issues, and depression. The Clinic's medical staff went to work and addressed each of Philip's medical needs. Philip was also directed to the Clinic Behavioral Health staff, who helped him find ways to cope with his emotions. Philip once again faced difficult times last year as the covid crisis eliminated his job with the Philadelphia Phillies here in Clearwater. Not to be deterred, Philip, like many others, found several part-time jobs to keep food on the table and a roof over his head. Philip is currently applying for full-time work and hopes Major League Baseball resumes in the spring! Philip does not hesitate to give the Clinic praise and will tell you that the clinic saved his life.



WELCOME CARLIE

COMMUNICATIONS AND MARKETING ASSOCIATE



We are very pleased to welcome Carlie to the CFC staff! She is our Marketing & Communications Associate and is already a star on the Clinic's development team. Carlie graduated from The University of South Florida, where she studied Mass Communications with a focus in Broadcast News. Before joining the development team, Carlie was a Production Assistant on various shows for Nat Geo Wild, as well as a freelancer in sports production for ESPN and the New York Yankees. In her free time, she loves spending time with her dog, Lillie, traveling the world, cooking, and baking.

"I'm so excited to be a part of the Clearwater Free Clinic staff! I can't wait to continue expanding the Clinic's online presence while bringing more immersive video content to both patients and Clinic supporters!"

DOCTORS DAY IS MARCH 30TH!



HONOR A DOCTOR IN YOUR LIFE FOR DOCTORS' DAY!

YOUR GIFT TO THE CLEARWATER FREE CLINIC WILL MAKE A POSITIVE DIFFERENCE IN THE HEALTH OF OUR UNDERSERVED COMMUNITIES.

TRIBUTES

THE CFC IS GRATEFUL FOR THE FOLLOWING DONATIONS:

MEMORIALS:

- Irene Cochoff
 - Dr. Todd & Raegan Miller
- Joe Cruz
 - Dr. Todd & Raegan Miller
- Marti Graham
 - Shirley & Robert Galatas
- Gwen Hirschfield
 - Alison North
- Brian Kearns
 - Dr. Todd & Raegan Miller
- Ron Kronon
 - Elaine Kronon
- David Miller
 - Dr. Todd & Raegan Miller
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- Carolyn Ross
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- Barbara Smith
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- Rhoda & Norman Suchar
 - Carl Suchar
- Doris Vargus
 - Sister Jon Sullivan
- Bob Wild
 - Marcie Carnevale

HONORARIUMS

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- The Harrill Family
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 - Sarah Harrill
 - Ann McMurry
- Cathy Haug
- Ryan Hayden
 - Pinellas County Estate Planning Council
- Rachel Laughlin
 - Tamara Preston
- Charles Rutz
 - Laura & John Taylor

Save the Date



MARK YOUR CALENDARS & JOIN US!

MONDAY

MAY 24, 2021

COPPERHEAD AT INNISBROOK RESORT

VISIT: CLEARWATERFREECLINIC.ORG/MEEKGOLF FOR DETAILS!

FOR SPONSORSHIP INQUIRIES, PLEASE CALL (727) 443-3504

BENEFITING



CLEARWATER FREE CLINIC

Health care for uninsured families

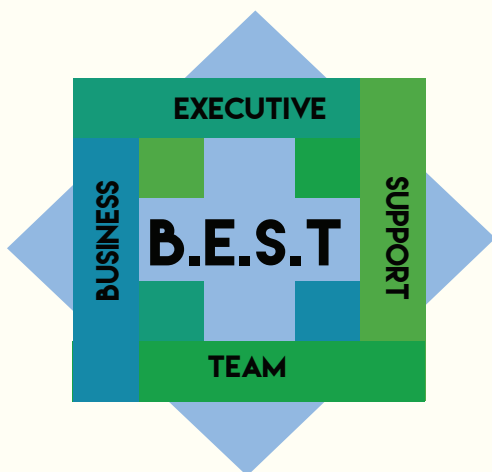
SCHOENBAUM GRANT ANNOUNCEMENT

The Schoenbaum Family Foundation continues to support the Clearwater Free Clinic's efforts to provide medications & supplies, promoting the health of our low-income, uninsured patients living with diabetes. **Funding from this transformational organization helps ensure CFC diabetic patients have access to the resources and tools they need to manage their symptoms.** We are honored to be a part of the Betty & Alex Schoenbaum's legacy of philanthropic leadership!

B.E.S.T PROGRAM

Introducing the Clearwater Free Clinic's **B.E.S.T. Giving Program!** The *Business & Executive Support Team* is a new way to support the CFC with an annual gift, while benefiting your business and the community. Do you own a local business in Pinellas County and want to see what being the BEST is all about?

Call (727) 443-3504 to learn more!



CLINIC SPOTLIGHTS

VOLUNTEER FEATURE: DR. ALLEN ROTHSCHILD

Dr. Rothschild is a podiatry specialist and surgeon who began volunteering at the Clearwater Free Clinic in 2016. He has been an active physician in the community for over 30 years. Dr. Rothschild works closely with our diabetic population providing wound and foot care. He values the time he is able to spend with each patient and attributes that to his ability to deliver “top-notch” medical care.

“The Clearwater Free Clinic has enabled me to deliver quality care to those in need.”

In his free time, Dr. Rothschild enjoys videography, photography, and film editing.



STAFF FEATURE: ALEXIS, FRONT OFFICE MANAGER



Alexis, the CFC Front Office Manager, works together with volunteer clerks to ensure all runs smoothly at the front desk. This is a vital job, and her communication and management skills are great assets! Every day is different at the Clinic, and Alexis is always ready for whatever comes her way. Often, we say we aren't sure what we did before Alexis joined the staff in 2018! Alexis moved to Clearwater from Pensacola in 2017 and found volunteering a great way to get acquainted with her new city!

“The CFC welcomed me to Clearwater! When I started volunteering, everyone taught me all of the wonderful things to do and see in our city.”

Alexis loves completing home improvement projects, traveling and spending time with her dog, George. We're so glad that Alexis found her work family here at the CFC!

NEW VOLUNTEERS

We're glad to welcome these new volunteers to our family and more to come in the coming months.

CLERKS:

JADA MARKISON
CLAIR SEVEN

NURSES:

JAMIE HOAGLIN, RN
BRITTANY DERYNDA
KATIE VOLLMER
RAFAEL LANGSCHWAGER
LAURA CAMPBELL, RN

DOCTORS:

DR. ABID ULHAQUE
DR. MUTHIAH SUKUMARAN

SPECIAL THANKS TO
SARAH DEAL & STEVEN TONKINSON
FOR INCLUDING THE CLINIC ON
THEIR WEDDING REGISTRY

DONORS CELEBRATING THE MARRIAGE
OF SARAH & STEVEN TONKINSON:

Verne, Brian, Suzanne,
Kai and Miller Mandolesi
Ms. Janelle Hatcher
John Sgroe
Lynne Perrault
Tom & Beth Goodgame
Genevieve & Lawrence Dimmitt
The Charlton Family
Dr. David & Jeannie Shapiro
Diane P. Morse
Barbara Deal
Amanda Jorgenson

VOLUNTEERS...

MAKE a difference

LEARN new skills

MEET new people

GAIN valuable experience

HELP those in need

Both Clinical and non-clinical volunteers needed. www.ClearwaterFreeClinic.org/Volunteer



CLEARWATER FREE CLINIC

Health care for uninsured families

1218 Court Street
Clearwater, FL 33756

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CARE



GIVER

Spring 2021

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FOR A PORTION OF YOUR PURCHASES TO BENEFIT
THE CLEARWATER FREE CLINIC!

LEADERSHIP STAFF

Jeannie Shapiro
Chief Executive Officer

Mary Lovera
Director of Clinical Services

Diane Morse
Director of Operations

Victor Riccardo
Director of Medication Services

Meredith Reagin
Development Manager

Darlene Hiatt, ARNP
Nurse Practitioner

Corey Shapiro, ARNP, FNP-C
Nurse Practitioner

Dr. Todd Miller & Dr. Paul Steele
Volunteer Medical Directors

1218 Court Street
Clearwater, FL 33756
727-447-3041

*Clinic Hours: Mon - Thurs
8:30 AM - 6:00 PM*



www.ClearwaterFreeClinic.org

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